

R.H.E. at Ashfield Valley Primary School



Be articulate: children will be encouraged to listen to other people's views and respond appropriately and respectfully. Children will have the vocabulary to explain their emptions and to understand other people's.

Be knowledgeable: Children will understand that people have different viewpoints and be tolerant of others. They will be able to understand and talk about similarities and differences, challenge stereotypes and injustice and be equipped to confidently move forwards in life.

Be able to learn beyond the classroom: Children will apply their learning in all areas of school life and beyond. Tolerance, understanding and respect will help them in all aspects of their lives.

Be curious: Children will be encouraged to ask questions politely and respectfully of others, compare and contrast different viewpoints and talk about their own experiences.

Be Inclusive: Children will understand that everybody is different and that differences are to be celebrated.

Be Inspired: Children will come to understand that barriers can overcome and they can work towards their goals.



Units are sequenced so that knowledge, understanding and skills are built on previous learning.

Key concepts are interleaved throughout the curriculum so that they are re-visited regularly and developed further as children get older.



Children should be able to discuss their own opinions articulately, whilst understanding that other people may not share these views and that is acceptable. Crucially, children should understand what relationships are healthy and what relationships are not, and how to keep themselves safe online and outside school.

Deepening Concepts

The overarching concepts of healthy relationships, health and wellbeing and living in the wider world are revisited in all year groups, starting simply and becoming more complex as the children get older. Children should leave Ashfield Valley Primary School with good, age-appropriate knowledge of what constitutes a healthy relationship and how to keep themselves healthy (both physically and mentally).



Childrens should be using what they learn in RHE lessons throughout the school day and beyond. Each year, concepts learned previously are recapped and built upon in RHE lessons.

Assemblies will often have an RHE to embed children's knowledge.

Remembering information and knowledge is celebrated and part of the culture at Ashfield Valley Primary..